

★ Recruiting NOW Volunteers! ★

The Clark County Sheriff's Office and Vancouver Police Department are accepting applications for NOW (Neighbors on Watch), a non-confrontational citizen patrol volunteer program. Citizens interested in the safety of their neighborhoods are encouraged to apply! NOW volunteers receive specialized training and patrol in pairs throughout the city and county looking for suspicious activity such as car prowls and graffiti, attend community events and other assignments as needed. The next training academy begins in September 2015.



Applicants must be at least 21- years old, pass a background check and attend a 28 hour training academy. For the full list of volunteer qualifications visit: <http://www.clark.wa.gov/sheriff/community/NOW.html>.

If you live in Clark County, to request an application contact Clark County Sheriff's Office Outreach Unit at (360) 397-2211 ext. 3380 or email: sheriffcommunityoutreach@clark.wa.gov.

Citizens who live in the city limits of Vancouver can contact the Vancouver Police NOW Program Coordinator, Kelly Cheney, at (360) 487-7467 for an application or more information. Applications are due by July 23 to be considered for the next NOW Training Academy.

To receive the free monthly S.A.L.T. Times Newsletter, call 397-2211 ext. 3380 or send an e-mail to: sheriffcommunityoutreach@clark.wa.gov. For other formats: Clark County ADA Office, Voice (360) 397-2000, Relay (800) 833-6384, E-mail ADA@clark.wa.gov



Seniors and Law Enforcement Together
Clark County Sheriff's Office
P.O. Box 410
Vancouver, WA 98666



Seniors And Law Enforcement Together

S.A.L.T. TIMES

July 2015

S.A.L.T. Picnic

Monday, July 20, 2015
11:00 a.m.-12:30 p.m.

Join us for the annual S.A.L.T. Picnic at the Lacamas Lake Lodge in Camas. Sponsored by S.A.L.T. (Seniors And Law Enforcement Together), your local law enforcement will be serving seniors a picnic lunch complete with chicken, potato salad, baked beans, watermelon and ice cream! The Old Time Fiddlers are always a hit and will be back again this year. The lodge is a beautiful facility with the option to be inside or outside. So come meet and mingle with your local law enforcement. The picnic is free and open to all seniors. Questions? Call 397-2211 ext. 3380.

Lacamas Lake Lodge
227 NE Lake Rd.
Camas, WA

Directions: from WA-14 E /Lewis and Clark Hwy E;

- Take the WA-14 exit, EXIT 12, toward Camas
- Stay straight to go onto WA-14 Bus/NW 6th Ave. Continue to follow NW 6th Ave.
- Turn left onto NE Garfield St./ WA-500. Continue to follow WA-500.
- Turn right onto NE Everett St./ WA-500
- Turn left onto NE Lake Rd.
- 227 NE Lake Rd. is on the right.



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Fake Hotel Booking Websites Fools Travelers

Taking a vacation this summer? Be extra careful when booking accommodations online. Fake websites appear to offer travelers a convenient way to reserve hotel rooms, but they are just making money for scammers.

How the Scam Works:

You are planning a trip and need to book a hotel room. You see an online ad promoting hotel rooms at a cheap price, and you click it. You are directed to a website that looks legitimate. It may have a URL similar to the real hotel website or established third-party booking site, such as Hotels.com or Expedia.com. The website may also use the same logo, colors and/or design of the legitimate site.

The website might look okay, but it's a fraud. Scammers are creating fake hotel booking websites to steal money from travelers. Some scam sites make money by tacking on additional fees, but others charge you for a room that simply doesn't exist. In any case, sharing your credit card and personal information (such as name, address and phone number) on scam websites puts you at risk for identity theft.

Here's how to spot a fake website:

1. Don't believe what you see: The site may have the logo or design of a legitimate hotel or booking site, but that can be easily copied from the real website.
2. Look out for fake contact info: Some consumers report calling the 1-800 number posted on a scam hotel booking site to confirm

its legitimacy. Scammers simply impersonated the front desk of the hotel.

3. Double check the URLs. Scammers pick URLs that look very similar to those of legitimate sites. Always be sure to double check the URL before making a purchase. Be wary of sites that have the brand name as a subdomain of another URL (i.e. brandname.scamwebsite.com), part of a longer URL (i.e. companynamebooking.com) or use an unconventional top level domain (brandwebsite.net or brandwebsite.co)

4. Look for a secure connection. Make sure your personal information is being transmitted securely by ensuring the web address starts with "HTTPS" and has a lock icon.

5. Watch for too good to be true deals. Be sure to comparison shop and be suspicious of a site that has prices significantly lower than those listed elsewhere.

For More Information

To learn more, check out this alert and infographic from the American Hotel and Lodging Association. To find out more about other scams, check out BBB Scam Stopper (bbb.org/scam).

Better Business Bureau <scamalert@council.bbb.org>

Walking Safely in Rural Areas

If you plan to walk in rural areas here are some important safety tips. Rural areas may have less traffic than big cities, but "a walk in the country" does require special care. Often the vehicles on rural roads travel at much higher speeds than pedestrians are used to, and drivers won't expect to see someone walking on or near the side of the road. So, remember the following safety rules and enjoy your walk!

- Always face oncoming traffic.
- Look for a smooth, stable surface alongside the road.
- If there are guardrails, see if there's a smooth, flat surface behind the barrier where you can walk.
- If you need to walk on a paved shoulder, stay as far away from traffic as possible.
- Watch for bridges and narrow shoulders.
- Be sure drivers can see you. Wear brightly colored clothing and if you walk during low-light hours-dusk or dawn- be sure you have reflective material on your jacket or walking shoes and carry a flashlight.



S.A.L.T. Advisory Board President Marion Swendsen Retires

After several years of being involved in the S.A.L.T. program and serving as advisory board President for the last decade, Marion Swendsen retired on June 30. If you have ever attended a S.A.L.T. meeting or event you have seen Marion leading the Pledge of Allegiance, giving updates on the latest scams targeting seniors and teaching on fall prevention and safe driving.



Marion is also retiring from her position as the Target Zero Project Manager, a position funded through a grant from Washington Traffic Safety Commission. As the Target Zero Project Manager Marion coordinated activities for county-wide DUI and seatbelt emphasis patrols and participated in community events that promote traffic safety. Traffic safety is not just about driving, but encompasses everything from

bicycle and pedestrian safety, to school zones, car seats and seat belt usage, distracted driving, young inexperienced drivers and especially impaired driving.

Marion began her career with the Sheriff's Office in 1989 first as a 'jail records clerk' and then as a Community Service Officer. In 1998, she moved to Vancouver Police as a Community Policing Specialist. Marion became the Target Zero Manager in 2009.

Thank you Marion for your dedication to the young and the young at heart. We will miss you and wish you well in your retirement!

July is Park and Recreation Month. Get OUT and Walk.

July 2015 marks 30 years of Park and Recreation Month and the enduring importance of parks and recreation for the world. This July, let's celebrate the past, present and future of parks and rec!

What better way to celebrate than by getting out and walking parks and trails in Clark County. Doctors recommend walking more than any other exercise to improve our health. Walking- especially brisk walking-is an

easy and always -available physical activity for everyone. It reduces stress and improves lifelong health. Walking can actually lower the risk of cancer, heart disease, diabetes high blood pressure and stroke. Furthermore, it improves flexibility and balance, bone density and mental well-being.

To obtain information on parks, trails and recreation activities visit <http://www.cityofvancouver>.

[us/parksites](http://www.cityofvancouver.us/parksites) or call (360) 487-8311.

50 + Forever Young Hikers
The Vancouver-Clark Parks and Recreation 50 + Forever Young Hikers program is a great way to stay active, meet new people and have fun! Call 360-487-7084.

Persons with Disabilities Access to Recreation
For information on activities and events for people with disabilities, call 360-487-7058.

Source: Clark County Walkaround Guide

