

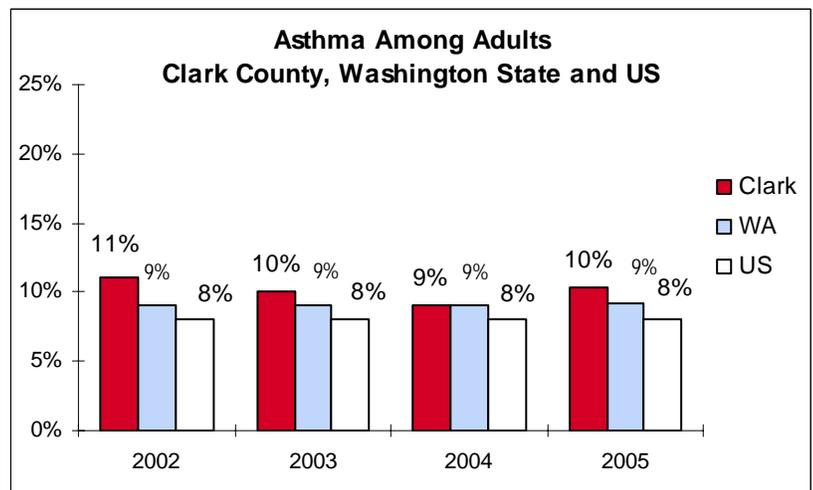


## CLARK COUNTY ADULTS AND YOUTH PREVALENCE OF ASTHMA April, 2007 Update

Asthma is a lung disease that causes trouble with breathing and is one of the most common chronic diseases worldwide. Asthma can be life threatening if not properly managed. Washington State's asthma rate is among the highest in the United States. Obesity and cigarette smoking are associated with higher asthma rates. Limiting exposure to environmental triggers such as second hand smoke plays an important role in asthma management.<sup>1</sup>

### Prevalence of Asthma – Adults

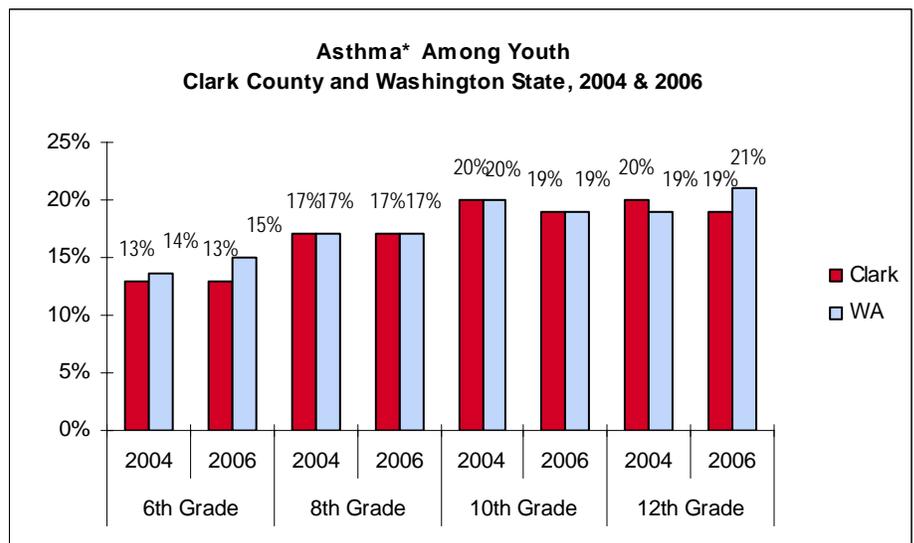
Current adult asthma prevalence is defined as having been told by a health professional that you have asthma and reporting that you still have asthma. One out of ten (10%) Clark County residents reported having asthma in 2005. This is similar to the state and the nation and has remained constant since 2002.<sup>2,3</sup>



Source: Clark County, Washington State and United States BRFSS.

### Prevalence of Asthma - Youth

Youth asthma prevalence is defined as having been told by a health professional that they had asthma. The percent of youth reporting having asthma remained the same in 2004 and 2006. One out of eight (13%) sixth graders and one out of five (20%) high school students (tenth and twelfth graders) in Clark County and Washington State reported having asthma.<sup>4</sup>



\* Percent of students told by health professional that they had asthma.

Source: Washington State Healthy Youth Surveys

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Prevalence of Asthma



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