

HIV Testing Information for Medical Providers

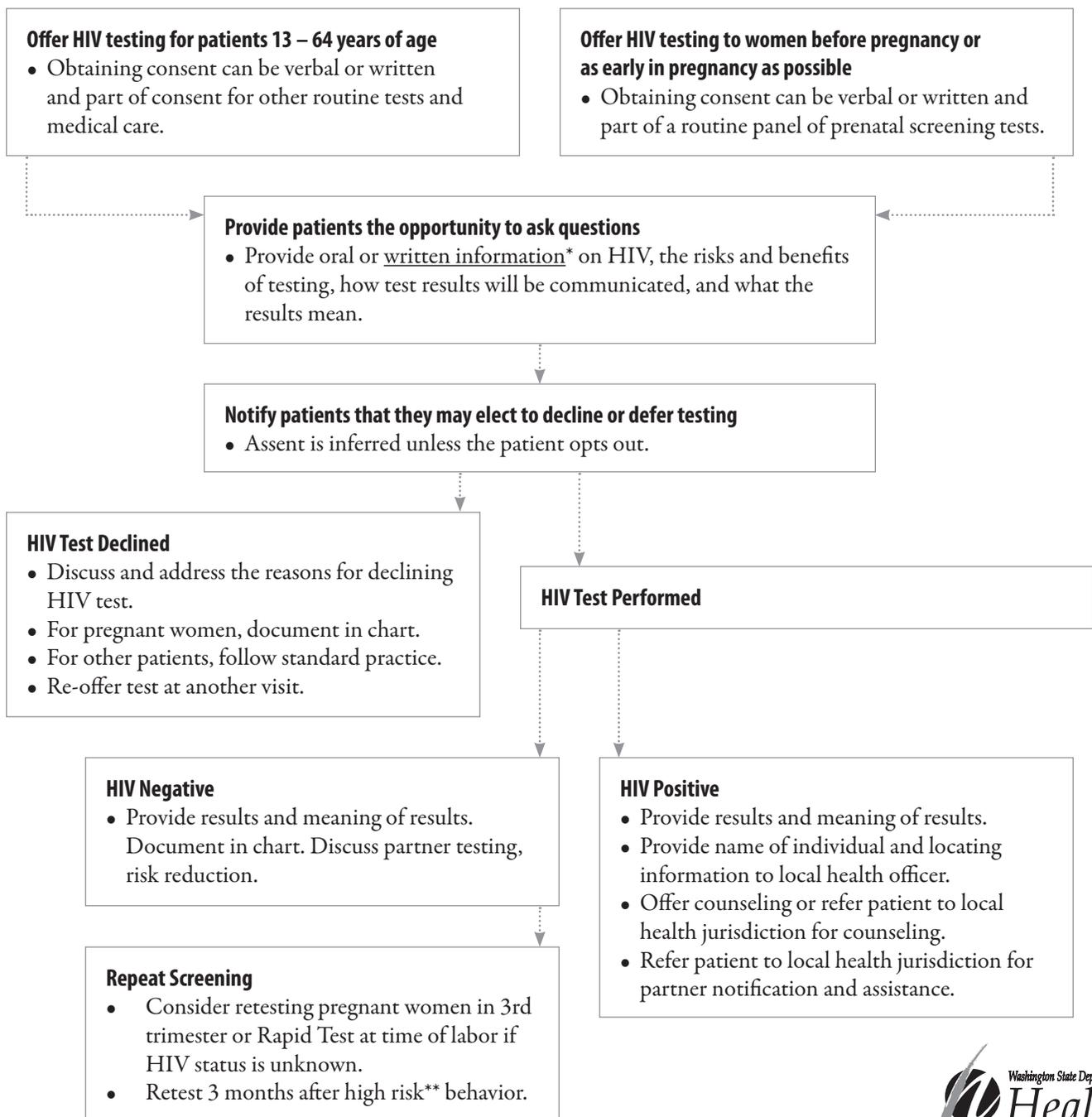
Washington State Department of Health • Revised State Regulations • 2010

Over 1 million individuals are estimated to be infected with HIV in the United States, about 25 percent of whom do not know their diagnosis.¹ Current data demonstrate an unacceptably high rate of delayed diagnosis.²⁻³

In September 2006, the Centers for Disease Control and Prevention revised recommendations to include routine testing of all patients 13 to 64 years old without regard to the patient's known risk for infection. They also recommended that state rules reduce testing barriers for physicians by including consent for HIV tests as part of general consent for other routine tests, and by eliminating requirements that physicians conduct pre-test counseling.⁴

Beginning January 1, 2010, the Washington State Board of Health adopted these recommendations into Washington Administrative Code, Chapter 246-100.⁵ The revisions shift responsibility for counseling and partner notification to the local health officer and local health jurisdiction.

(See endnotes on back)



- * HIV prevention and testing information is available from the Washington State Department of Health, HIV Prevention Program; <http://www.doh.wa.gov/cfh/hiv/prevention/pamphlet/default.htm>.
- ** High risk individuals include patients who initiate tuberculosis treatment, seek treatment for STDs, use injection drugs or are the sex partners of injection-drug users, have multiple sex partners, exchange sex for money or drugs, or are men who have sex with men. HIV screening is recommended as part of STD screening for each new STD visit, and before initiating a new sexual relationship.
- ¹ Glynn M, Rhodes P. National HIV Prevention Conference; June 12–15, 2005; Atlanta, GA. Abstract No. T1-B1101.
- ² Torian L, Wiewel E. 14th Conference on Retroviruses and Opportunistic Infections; February 25–28, 2007; Los Angeles, CA.
- ³ Schwarcz S, Hsu L, Dille JW, et al. J Acquir Immune Defic Syndr. 2006; 43:491–494.
- ⁴ Branson BM, Handsfield HH, Lampe MA, et al. Revised Recommendations for HIV Testing of Adults, Adolescents, and Pregnant Women in Health Care Settings. MMWR. 2006; 55:1–17; <http://www.cdc.gov/mmwr/preview/mmwrhtml/rr5514a1.htm>.
- ⁵ Washington State Administrative Code. WAC 246-100 Revised January 2010 (sections -072, -207, -208, -209); <http://apps.leg.wa.gov/WAC/default.aspx?cite=246-100>.

Information for providers

Washington State Department of Health, HIV Prevention Program:

www.doh.wa.gov/cfh/hiv/prevention/provider/default.htm

www.doh.wa.gov/cfh/hiv/prevention/provider/doclinks.htm

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