

# Senior Information & Assistance Program

**(360)694-8144 or (888)637-6060**

If you are looking for quality services and meaningful opportunities for persons 60 years of age or older, adults with disabilities and their families, you've come to the right place.

The Southwest Washington Agency on Aging and Disabilities (SWAAD) is the federally designated agency on aging for the five southwest Washington counties of Clark, Cowlitz, Klickitat, Skamania, and Wahkiakum. It is one of thirteen agencies on aging in Washington State and is part of the state and national network of area agencies on aging.

By providing access to a wide range of resources, SWAAD makes it possible for older individuals, adults with disabilities and their families to choose the services and living arrangements that suit them best. To assist older persons in making informed choices and decisions, the SWAAD directly provides specialized services called Senior Information and Assistance. Senior Information & Assistance offices are located in Vancouver, Kelso, Goldendale, Stevenson, and White Salmon.

The Senior Information and Assistance Program is a free service that acts as a main access point for a wide range of public and private resources that are available to older population, adults with disabilities, and family caregivers. Our goal is to support independence, dignity, and health of seniors. This may include information giving, service referrals, advocacy, assistance and caregiver services, and screening to determine if an in-home assessment is needed. Information and assistance can be provided on the phone, in person, by email, or regular mail.

If you are a person 60 years of age or over, an adult with disabilities and/or a family caregiver, you may be eligible for a wide range of services through the Southwest Washington Agency on Aging and Disabilities.

